CHECKLIST

# Rescue cat settling checklist

- [ ] Prepare one quiet room with litter tray, food and water in separate corners
- [ ] Add a hiding spot where the cat can be completely out of sight
- [ ] Place the open carrier on the floor and leave the room
- [ ] Sit in the room without approaching for short periods each day
- [ ] Offer food by hand only if the cat approaches you first
- [ ] Add a second hiding spot in each new area the cat explores
- [ ] Let household members meet the cat individually before gathering in the room
- [ ] Wait for the cat to initiate touch by rubbing near you or sniffing your hand
- [ ] Track progress through repeated behaviours such as eating near you or sleeping uncovered